

HIGH BALLET BUN



1. Lightly spray the hair with hairspray. This will give you better control over the hair. It is better NOT to have freshly washed hair for this. Brush all the hair straight back off the face. Once the hair is straight back and behind the shoulders, spray with hairspray.



2. Use a soft bristle hair brush to smooth out rough or uneven areas and spray again. Form a pony tail by brushing the hair up from the jawline to the top part of the back of the head. The placement of the pony tail determines the placement of the bun. A ponytail just below the crown of the head is good. Use an elastic hair band to secure the pony tail. A tidy pony tail with hair drawn snugly back is the key to making a good ballet bun.



3. Apply more hairspray to the pony tail to keep the hair neat, and twist the pony tail.



4. Coil the pony tail into a tight circle.



5. Wrap a fine hair net around the bun. Keep twisting and wrapping so that the hair net tightly secures the bun. Make sure the hair net is the same color as the hair.



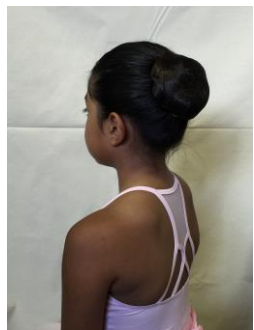
6. Using your fingers under the bun work the hair into the hair net. The goal is to have the hair flat to the head in the shape of a dinner roll, not sticking straight up like a doorknob.



7. Open a bobby pin and push one half of it into outer edge of the bun away from the pony tail holder.



8. Catch the slicked back hair of the pony tail, turn the pin and push it into the base of the bun. Continue pinning around the bun until you cannot fit a finger between any of the pins.



9. For extra hold, when the bun and hair are secure, use more hairspray. Use bobby pins to secure any "whispies" or stray hairs.

LOW BALLET BUN



1. Lightly spray the hair with hairspray. This will give you better control over the hair. It is better NOT to have freshly washed hair for this. Brush all the hair straight back off the face. Once the hair is straight back and behind the shoulders, spray with hairspray.



2. Use a soft bristle hair brush to smooth out rough or uneven areas and spray again. Part the hair over the middle of the left eyebrow. Form a pony tail by brushing the hair straight back so that the pony tail is across from the middle of the ears. The placement of the pony tail determines the placement of the bun.

STEPS 3 - 9 are the same as the procedure for a high bun.

FOR BOYS

1. Dampen hair and spray all with hairspray, including the bangs.

2. Part hair to the left side and comb each side back. Comb hair behind ears.

3. Spray with hairspray to set.